# HELSE BERGEN HF

Haukeland University Hospital
CENTER FOR DIABETES GENETICS



CENTER FOR DIABETI		1	Bir	th date:		
DEPARTMENT OF PH HAUKELAND UNIV.			Na	me:		
N-5021 BERGEN, NOI						
TEL. (+47) 55 97 51 88						
www.mody.no Name and address of p	lavai aiam.	_	Co	untry:		
Name and address of p	nysician:		Saı	mple da	te:	
Main diagnosis:  Requesting diagnosis for Clinical information is Signed consent form  Family data:  1. Other family mem (If yes, pleas indicate the back of this page 2. Family members v 3. Diabetes in at least 4. Other family mem 5. Known diabetes-as	for: MODY [] Nois important and nois important and noise important	Neonatal diabetonecessary for an www.mody.no es? embers and type ppreciated) et before 25 year nerations? treatment?	alysis. P e of diak	Yes I Yes I Yes I Yes I Yes I	No D draw No D No D No D	mber 1-17. Unknown 🛭
(if yes indicate which		•		1000	110 2	
Clinical information:						
6. Height:cm		kσ				
7. Age at diagnosis: _						
8. Fasting glucose:						
9. Treatment	(		Dose:			
(Diet, tablets, insulin)						
_			Dose:			
10: HbA1c:	_%(ref. range:					
Complications						
11. Retinopathy	Yes D No	Unknown 🛭				
12. Coronary disease	Yes D No!	Unknown 🛭				
13. Polyneuropathy	Yes D No!	Unknown 🛭				
14. Nephropathy	Yes D No I	Unknown 🛭				
15. Kidney cysts	Yes D No I	Unknown 🛭				
16. Hypertension	Yes D No!	Unknown D				
17. Other information	<u>ı :</u>					
				,		

## **REGARDING SAMPLE AND SHIPMENT**

It is important that the test tubes are shipped carefully to avoid leakage. The test tubes should be marked with date, patient name and birth date. The diagnostic form and the signed consent form must be enclosed.

Samples that might be infectious should be marked with a yellow sticker. The diagnostic form should be marked in the same way.

Material:	Sample:	Shipment
DNA	1 microgram	Express mail. Room temperature is OK
Blood for DNA analysis	7 ml EDTA blood Children: 4 ml is acceptable	Express mail. Sample on ice. Avoid shipment over weekend.

It is not necessary to send both DNA and blood. DNA is preferred.

It is not allowed to use the results in scientific publication without consent from the CENTER FOR DIABETES GENETICS

# **FOR INTERNAL USE:**

Mottatt dato :	Sign	_Vurdert av lege, sign	
DNA-rensing dato :	Sign	-	
Familienummer :			
DNA-sekvensering			
MODY-gruppen	HNF-1 alfa	Ekson:	
	GCK	Ekson:	
	Andre gener	Ekson:	
MGM	HNF-1 alfa	Hele genet	
	GCK	Hele genet	
MODY-gruppen	HNF-4 alfa	HNF-1 beta	IPF-1
(Hele genet)	INS	CEL	PRSS:
	ABCC8	KCNJ11	
Andre tester MODY-gruppen	MLPA		
8 11	PRSS1 triplik	asjonstest	
	CNV	5	
A 1			
Andre gener/tester:			





# HAUKELAND UNIVERSITY HOSPITAL

## Request for participation in a research project

#### **Background and purpose**

This is to invite you to participate in the research study *Epidemiological, Genetic and Clinical studies of Monogenic Diabetes*. There are two main types of diabetes: type 1 (most commonly affects children and adolescents) and type 2 (occurs primarily in adults and especially in excess). A third and more rare type is monogenic diabetes including MODY (Maturity-Onset Diabetes of the Young) and neonatal diabetes. In MODY, diabetes usually occurs before 25 years of age. Inheritance is special in that the disease breaks out in every generation. Neonatal diabetes occurs before 6 months of age and there are both spontaneous and inherited forms. Important research goals are to find out how widespread monogenic diabetes is, the genetic changes that are present, and how treatment can be improved. The project has a scientific and a practical side. Scientifically, the research will shed new light on the inheritance of diabetes and increase the knowledge of the causes. The practical value lies in the genetic typing is important for patient follow-up because some forms of diabetes can be treated without insulin and there are good long term prospects.

#### How is the study performed?

We record the age, gender, place of residence and information from medical records. We also want to investigate people who have diabetes and any number of people in your family, both those with and without diabetes..Participation involves a blood sample taken from the arm. It may be that we will contact you with questions to participate in additional projects to find out more about issues related to the disease. It may also be that collaborative international laboratories involved in any analysis. De-identified biological materials will in that case was sent to foreign countries.

## Possible advantages and disadvantages of participating in the study

Possible benefits are that we can find out why you have diabetes and how many people have this. It may be that we will find that you have a special form of diabetes and that it has implications for treatment and prognosis. The possible downside is that the study involves the storage of data and blood samples in the repository, additional examinations and blood tests. There are no special risks of the investigations.

### What happens to the samples and information?

The information and samples as described in the purpose of the study. The information is stored on a separate computer at Haukeland University Hospital. Names and personal identity can only be connected with information about you through a code that only authorized personnel have access to. The CEO is responsible for the computing. It may be appropriate to link to the National Register, the Norwegian Medical Birth, Cause of Death Register and the Norwegian Patient Register. Blood samples are stored in a biobank research. Prof. Pål R. Njølstad is responsible for the biobank. Deletion of information and removal of blood samples in the biobank is planned in 2014 but may be extended upon application to and approval by the Ethics Committee. It will not be is impossible to identify the ID from publications.

#### Voluntary participation

It is voluntary to participate. You may withdraw at any time and with no reason. Stored information will then be deleted and the samples destroyed. It will not affect the treatment of your illness. If you wish to participate, sign the consent statement. You have the right to obtain results that are important for your diabetes. Contact the project manager if you have any objections or questions to the study.

Pal Ragmus Niglated MD

Pål Rasmus Njølstad MD PhD Professor, leader Helge Ræder MD PhD(sign.) post doc

Oddmund Søvik MD PhD professor emeritus

NNNC Associate Investigator



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bergen.no





# Consent to participation in the study

A: Patients and parents I am willing to participate in the study Epidemiological, genetic and clinical studies of monogenic diabetes.
(Name with CAPITAL LETTERS)
(Signature by project participant, date)
(Signature by parents, date)
For patients below 12 years, at least one of the parents needs to sign. Children between 12 and 16 years sign together with the parents. Patients older than 16 years can sign alone.
B: Caring physician I confirm having given information about the study
(Signature, caring physician, date)

NNNC Associate Investigator

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